

FALL 2019 NEWSLETTER

ISLE RECREATION EDUCATION AND FITNESS CENTER



610 MILLE LACS AVE. ISLE MN 56342

irec@isle.k12.mn.us / 320-676-1050



Fall Community Education & Youth Programs



Flag Football

Boys and Girls Grades 3-6, The cost is \$25
This will include a T-Shirt and mouth Guard
Contact Lisa at 320-676-1050 or Email irec@isle.k12.mn.us



Youth Volleyball

Boys and Girls K-6th Grade, The cost is \$25
This will include a T-Shirt



We are looking for coaches for a Kindergartner group as well as a 4-6th Grade Group.
If interested Contact Lisa at 320-676-1050 or E-mail irec@isle.k12.mn.us



Scouts- Boy Scouts : 4th Tuesday of the Month 6:30-8pm
Girl Scouts; 2nd Monday of the Month 6-7:30pm
Cub Scouts: First and Third Monday 5:30-7pm

ECFE- Early Childhood Family Education Classes offered Birth to age 5

Preschool- 3 and 4 year old classes offered, Must be 3 or 4 years of age by September 1st.

Husky Pack Grades K-8, Applications Available
Alc- Alternative Learning Center 320-676-3721
Awana- Every Wednesday 6-8pm

DNR Safety Courses offered throughout the Year
Include: ATV , Snowmobile and Firearm Safety

Does Your Child Need A coat for this winter? We have free
Brand new Coats, Donated by The Knights of Columbus.
Coats for boys and Girls several sizes to chose from.
See Lisa at the IREC, west Entrance, Monday - Friday
7:30 am to Noon or Call 320-676-1050

Computers with Internet service are available for community members to use when the IREC office is open 7:30- 12:00pm Monday through Friday

Teals Market and Coborns Receipts: Can be dropped off at the IREC West entrance, Teals will donate 1% back to the school
THANK YOU

Fall community Education Adult Events



Lisa Dunphy Monday-Friday 7:30-12:00

Phone# 320-676-1050

Email: irec@isle.k12.mn.us



**Photography Club 2nd Tuesday
of the Month
7-9pm**

**Lions Club Fourth Monday
of the Month
6:30-8pm**

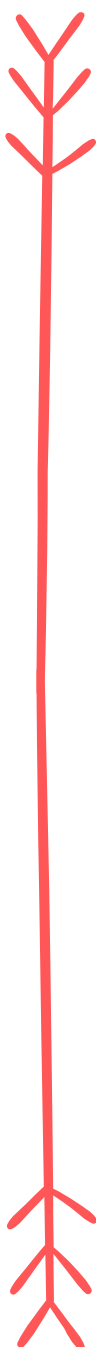
**Diabetes Group First Tuesday
of the Month
3:30-4:30pm**

**Sons of Norway Meetings
held Periodically
throughout the year**

**CPR/AED, First Aid
Call for more Information**

**55+ Drivers Program
October 30th 9-1pm
@the IREC**

**Adult Basic Education
320-676-3721**



Maximize Social Security Benefits:

Saturday Oct. 12th 8am

@ the IREC

**RSVP by Sep. 24th with Debbie
(320)-983-1331 (Ameriprise Financial)**



made with

Community Market

**Isle Community Market, Resumes this fall
at the IREC:**

**The first Saturday of the month
9am-2pm. In the Gym.**

Isle Area Food shelf

250 @nd Ave South

Isle MN 56342

1st Tuesday each month 4-6pm

4th Thursday each month 2:30-5:30pm

Phone # 320-630-0995

IREC Fitness Center

(320)676-3032



The IREC Fitness Center Is open to members 4am. to 10pm Everyday. Members have access to gym equipment, fitness classes, racquetball, wallyball court, the gym including volleyball, basketball, pickle ball, dodgeball and the locker rooms. Medical reimbursements offered: Blue Cross Blue Shied, U Care, Medicare and Humana. (Silver & Fit and Silver Sneakers) Day passes and vacation passes are also available. The IREC Fitness Center is a nonprofit service to the Isle and surrounding communities. For More information on the Fitness Center contact Fitness Coordinator Julann Casper

Monday - Friday
2pm-6pm at 320-676-3032
or

IREC Administrator
Lisa Dunphy
Monday - Friday
7:30am-12pm @
320-676-1050,
irec@isle.k12.mn.us



MEMBERSHIP FEES:

Registration Fee: \$10
Key Card Deposit: \$25
Individual: \$38
Family: \$50
Student: \$25
Guest Fee: \$2
Day Pass:
Individual: \$5
Family: \$10

Walking Program:

Monday-

Friday 7:30-8:30am

IREC Gym, \$5 per person per month.

FITNESS CENTER CLASSES

Monday/Wednesday Classes
Senior Cardio Class 9-10am
Get buffed with barbells
9-10am

Tuesday/Thursday Classes
Classic Fitness Class 9-10am
Pickleball 9:30-12:30am.
Fitness Class 5:30-6:30pm

Friday Class
Line Dancing 9-10:30am



More From The IREC

Isle Community Education Classes are Continually being added during the year.

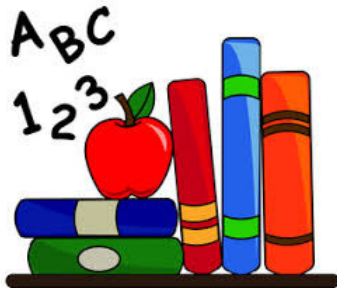
Here at the IREC we are always seeking suggestions from the community on classes to offer. If you have a suggestion or would like to instruct a class Please contact the IREC office @ 320-676-1050
Email irec@isle.k12.mn.us

IREC MISSION STATEMENT

To promote the development of a healthy community through the Isle are providing: Multi

Generational recreational and fitness based activities.

Life long learning oppertunities including community and after school enrichment programs, leadership development and entrepreneurial support services and community development tools to foster and expand locally led initiatives, which serve to build a healthier community in response identified needs in the Mille Lacs area.



Community Education Class Registration and Refund Policy:

It is required that registration fees be paid in advance. A full refund will be paid ONLY when enrollment is not sufficient to hold a class or event. In case of sever weather classes will be canceled or rescheduled. In this event participants will be contacted. To register for Community Ed events contact the IREC office at 320-676-1050 Monday - Friday 7:30 to Noon The IREC Office is Located at 610 Mille Lacs Ave Isle.

The IREC facility is available for community members to rent. Rentals available include: The Gym, Conference Room, Community Room with Kitchen. Outdoor sign space is also available to rent for advertising.
www.isle.k12.mn.us
or call 320-676-1050

Thank you & Recognition



Summer League

Thank you, Softball Coaches

***Darcey R, Patrick, Maggie P, Carly G
Baseball Coaches***

Tyler S, Wyatt J, Josh H, Tim H.

I would also like to thank our Umpires:

***Mike M, Daniel M, Macen H, Alex R, Eric M,
Gaby P, Mike F.***

***Our teams had a great season with over 100
participants ranging in age from 4 to 16.***

***A special thank you to all of our Donors this
season who helped fund our program :
Isle Lions Club, Mille Lacs Drift Skippers,
Snacks on Mille Lacs, Johnsons Portside
and all other private party donations.***

***Thank you to all community members who
donate aluminum cans at our drop sites
located at Isle Automotive and the IREC.***

***If you would like to help with
our Summer League Program next
season, 2020, Coaches and Umps are
always needed.***

Contact Lisa @ 320-676-1050

Email: irec@isle.k12.mn.us



Firearm Safety

Our Firearm Safety course filled up this year with 20 participants. All of which passed the final test with flying colors; thanks to our wonderful instructors. Thank you Chad Minenko, Randy Christensen, Derek Karels, James Dunphy, Dave Anderson and Doc Moss.

This year's course was sponsored by the **Mille Lacs Drift Skippers**.

The final field day event was held at the **Isle Sportsman's Club**.
Congratulations Participants

